

TOO BIG FOR HER



BRITCHES



BY

Off-Broadway Multi-Award Winning Creator and Actor

LISA PEZIK

“Too Big for Her Britches is a brilliant piece of solo artistry. Fearless, soulful, and moving”

Samantha Simmonds-Roncero, NohoArts

“Her lifelong struggle for self-acceptance is a universal journey.”

Shari Barrett, Broadway World.

“Pezik clearly knows how to deliver success and Too Big for Her Britches is no exception.”

Beyond James, Hamilton, Ontario Canada.

“Music is known for being able to speak for us when we don’t have words and these songs speak volumes.”

Steel City Girl Reviews

**AVAILABLE
FOR TOUR 2023**



Too Big for Her Britches

As a business strategist for the past decade, Lisa helps entrepreneurs and companies all over the world use their story to grow their business. In 2020, posed with a challenge in her mastermind group to set a ten-year goal and draw it out on paper, a one woman show came to life when **she started to think about her legacy.**

Having been an Intensive Care and End of Life Care Nurse prior to owning her branding and marketing company, Lisa helped many people as they confronted death and had a crash course in regret. **In just one year’s time**, during a global pandemic, Lisa learned how to sing, act, and write, and transform her personal story about how she disentangled from an overhearing narcissistic mother.

Narcissism and its effects on **emotional health** is a cross cultural conversation as it presents in leadership, workplace, relationships, and family, yet not many people feel safe enough to talk about it, as it's highly misunderstood. Lisa knows how **impossible and isolating** it can feel to **find peace** with a narcissistic parent, boss, spouse, or friend and wants to change the way **we view self-care and self-preservation**. Described as a **compelling roller-coaster of emotions**, this original solo musical will resonate with anyone who has ever felt lost, unimportant, or disregarded.



What if 'too big' turns out to be exactly the right size?



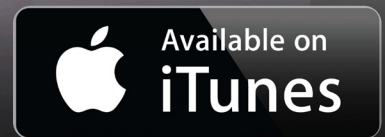
This award-winning, partly autobiographical, solo musical follows heroine Luna as she tries to make the right choices in life, while being undermined at every turn by her overbearing, narcissistic mother. Who will win in the inner struggle between her Shame, which drives her to bulimia and alcohol abuse, and her Warriorress alter ego, who urges her to fight back against her mother's toxicity?



OFFICIAL SOUNDTRACK

Too big for her britches

Lisa Pezik



Both hilarious and heartbreaking, *Too Big For Her Britches* is written and performed by Lisa Pezik, who plays all 20 characters, as well as delivering 11 instantly hummable original songs, composed for the show with Drew Lawrence, whose music has been recorded by Lea Michele, Leona Lewis and Shane Filan (Westlife), amongst many others.

Directed by Heather Dowling, Too Big For Her Britches has won awards at several fringe festivals and most recently, enjoyed two successful runs at New York's Off-Broadway Theatre Row.

REVIEWS

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Too Big for her Britches is a brilliant piece of solo artistry. Fearless, soulful, and moving. Lisa Pezik is wonderful to watch as she twists herself into each character. It's a truthful and triumphant. There is always something better if you can only let go of those who bring you pain. Bravo!

- *Samantha Simmonds-Roncero, Noho Arts*

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“

Don't be fooled- despite the themes and Pezik's work as a professional speaker, the show isn't a PSA. Pezik clearly knows how to deliver success, and Too Big For Her Britches is no exception. She tells a story with a relatable story in a fearless and heartwarming way that serves as an ode to every girl and woman who has struggled to fit in or felt external pressure to be someone different.

- *Beyond James*

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This story ripe with humour, vulnerability, grief and triumph which comes out through both song and the story unfolding. Pezik transitions through her characters with rapid-fire precision and stages her performance effectively so it never feels stagnant or repetitive. This show has been well travelled thus far and you can tell that Pezik lives and breathes every moment as if it's the first time performing. Stories like Pezik's are cathartic for so many people. They demonstrate the courage and triumph of the human spirit. They show us that we are not alone even when our own inner shame is nagging, and we cannot hear our inner warriors reminders that we are worthy.

- *Steel City Girl Reviews*

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AUDIENCE RESPONSES:



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What I love about this show is how honest it is. The message is simple but powerful: self-love, self-love, self-love. Who hasn't had that voice of Shame tell us we are not good enough? Lisa does a masterful job at making the audience feel Luna's struggles. Her energy on stage and her commitment to the honesty of the character was honestly inspiring. And of course, having great empowering music added to this very powerful story that I believe a lot of people could connect to! Broadway bound! Congrats!

- Azo

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“ Lisa is a passionate performer, lyricist, and all-around artist. The music was catchy and creative and the multiple characters she played were distinct. The show was executed with perfect comedic timing throughout although it surrounded heavy topics which is a difficult skill to master. It was a fantastic show with a powerful message of self-love and overcoming trauma. ”

- Mareshah

“ Very entertaining personal piece with an important message of self-love with beautiful music and lyrics. WOW!!! The time went by fast. The performance was fun to watch. Very well thought out. The music was fantastic and left me wanting more. ”

- Nicholas

“ I was amazed with Lisa's artistic prowess, her ability to truly capture her audience with her presence/energy was spellbinding. The stories she weaved through to underline the main thesis led to a beautiful final moment, a full circle moment of profound self-acceptance. I was so inspired! the original lyrics were so profound and catchy, makes you want to sing them for days after! We need an album release of your songs Lisa! Thank you for all of you brought to the stage. ”

- Kristelle

“ Lisa Pezik was just meant to be on stage. What a journey she took us on. Wow, she is big, in the best sense of the word. She just shines on stage. She is light. She is a star. Plus, she can really sing. Her journey to self-love is inspirational. ”

- Barbara



“ Lisa is a wonderful performer who brings precision and passion to each of her characters. She takes us on a beautiful and deeply relatable journey toward self-love, while she gracefully glides from one character to the next with aplomb. Lisa's is a deeply vulnerable and brave storyteller. Her embodiment and presence are powerful. Her heart shines strong through this piece. She brings a deep love to her characters and herself, and we in the audience can feel it. It is a strong transmission!

- Joyful ”

“ This show is a masterpiece of Solo Theater. Lisa pours her heart out on the stage. Loved it all. She fully embodies the characters. The audience experiences a full range of emotions. Her original songs add to the overall story. An amazing story with a message to everyone. Lisa's show is an inspiration.

- Larry ”

“ This was a fully embodied performance. What must have taken tremendous work to craft looks effortless as Lisa weightlessly transforms from character to character and buoyantly moves thru this triumphant performance. In Too Big for Her Britches, Lisa reveals the heavy hurts of childhood and adulthood, revealing the wounded self with a lightness that allows us to travel with her without burden. Ultimately, we can all celebrate the grand accomplishment of healing work that Lisa guides us through. I especially loved the therapy scenes, both the ones that didn't work and then the ones that did. I loved seeing how the transformation fast tracked once Luna found a good healer to support her.

- Jenna ”

“ Lisa Pezik is a wonder. She magically transforms and breathes life into multiple, authentic characters. Her acting range is incredible, especially her ability to show vulnerability. You will laugh and cry. Come see this show! Loved the script, music, acting and tech. A true kaleidoscope of art.

- Lynn ”

“

Lisa Pezik's journey of self-love and mental health awareness through her character Luna is powerful, and at the same time subtle. Though her story is undeniably hers, with her own personal experiences, it is one so many people can relate to in these times where connection is so important. The original songs and live accompaniment were dynamic. And Lisa's willingness to share the truths of her story, scars and all, are unforgettable

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- MaryLee

“

A beautifully honest, brave and vulnerable piece about having the courage and wisdom to finally love and accept ourselves. Lisa is 100% committed to every character, as she explores very personal and challenging moments of her past. Her songs are great, physicality and vocal quality of each of her many characters, and it is very cleverly staged. It's funny, poignant, and beautifully written. A beautiful reminder to all of us that fully loving ourselves is why we are here. Congrats Lisa!!

”

- Eli



“ FINALLY, a solo show actor who actually embodies each character FULLY! It's a tough job, but Pezik is up to the task. And the songs she sings aid her in conveying her message of self-love... and reminding the audience that being “Too Big for your Britches” can be a GOOD thing.

- Steve ”

“ The entire show was well written and performed, her songs were so incredible and beautifully integrated into the storylines. Lisa's voice is so powerful and beautiful to listen too, I found myself singing along and getting lost in the moment which was a wonderful experience. She kept my attention the entire show, I couldn't keep my eyes off her as she weaved in and out of characters and took me along the journey, so captivating.

- Bethany ”

“ Easily one of the top 3 best solo performances at the festival-no question. I still cannot believe Lisa is a first-time performer & writer; she commands the stage and pen like a seasoned pro. Her message of self-love starting from a child to present day is so inspiring.

- Shelley ”

“ I loved EVERYTHING. OMG! Her movements were precise. Her characters were well-defined. Her story was well-paced and since it was about her personal journey to self-love, I thought Lisa really nailed highlighting the exact right parts to get her story across. No moment felt wasted or extraneous. The whole show was so polished and powerful. This story is sure to touch many, many hearts. If you need a self-love pick-me-up, THIS SHOW IS FOR YOU. You will leave feeling beautiful and empowered!

- Bonnie ”

I loved Lisa's transformations from character to character and back again, her commitment to facing the hard parts of the story head on, yet with compassion and the incredible music that anchors the play. A moving journey. Lisa commands the stage with her chameleon-like transformations. Extremely relatable, devastating, and hilarious. Pulls no punches!

- Ben

A very brave, honest, and inspiring show. Our parents that are supposed to be our guiding lights do not always come properly equipped with the life tools we need to help us solve our problems, and when their toxic behavior is in fact at the root of many of our problems, it can be quite a journey to overcome them. This show takes us on that journey and shows us the light at the end of the tunnel!

- David

It really is baffling how the world tries to keep us small. Like that 'Gopher Game' in carnivals where you take a mallet and bonk peeking heads of gophers back in their holes. Lisa's dueling personalities, 'Warrioress' and 'Shame' are in all of us as we grow and develop to discover who we are. Most of us can relate to the narcissistic parent whom we can never get approval from. Lisa is more than triple threat! Playwright, Acting, Song writer, Singing, AND Dancing? She needs a bigger theatre!

- Pamela

I laughed. I cried. A must see. I can't wait for the soundtrack.

- Alice

I was on the edge of my seat the entire time.

- Janice

TECHNICAL REQUIREMENTS

- STAGE:** 3 by 4m, 10-15 feet.
- SET:** 3 Set pieces in total. DSL a chair or block, DSC a chair or block, DSR a bench or 3 blocks put together to form a bench. Very minimal set and typically use what's on hand at the theatre.
- LIGHTING:** Preferred looks: Washes, both cool and warm in DSL, DSR, DSC. Have run the show very basic with a 10 light panel and advanced with a 100-light panel in theatres with LED's and Gobos.
- SOUND:** Does require a sound system to plug into for backing tracks and minimal sound cues. Programmed in Qlab and Multiplay.
- OPERATOR:** The production does require a tech operator for lights and sound.

Additional Touring Info and About the Company:



Too Big For Her Britches was designed with an ease of travel with green earth practices using minimal set props that theatres have on hand, digital programs and press kits and basic lights and sound cues.

Lisa has toured internationally to the Hollywood Fringe Festival, SoloFest, Hamilton Ontario Fringe, Off-Broadway at United Solo off Theatre Row in New York City, and Edinburgh Fringe.

As a business strategist, international best-selling author, global speaker, and Off-Broadway creator and actor, Lisa can provide post show question and answer sessions, performer talkbacks, and workshops tailored for schools, businesses, and the public. She is a dual citizen of USA and Canada, and her family is her greatest joy.

CONTACT:

For all bookings and enquiries:

Lisa Pezik
lisa@lisapezik.com

905-966-2857

infinitedesignhouse.com/lisa-one-woman-show